The Foundation Coach course will provide you with the skills and knowledge to safely introduce Stand Up Paddle Boarding to beginners wishing to try and develop their SUP skills in a sheltered water environment.

You will learn essential safety information; gain knowledge of equipment, group management and the coaching skills to effectively get students paddling. Additional knowledge will include fault finding and correction with a good understanding of technique.

You will leave the course being able to plan sessions and confidently deliver them working within the structure of a school or centre.

Those students who do not meet the required standard will if appropriate be offered assistant coach status allowing persons to develop under other qualified coaches as well as assisting in centres and schools. Once skills have been consolidated candidates can present for reassessment.